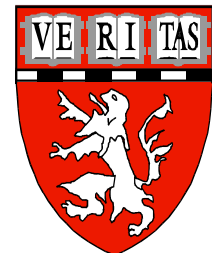
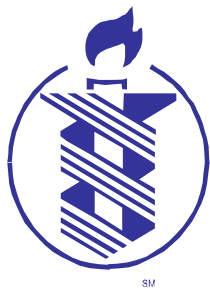


IBS & Gluten Sensitivity: The North American Experience

Ciarán P. Kelly, M.D.

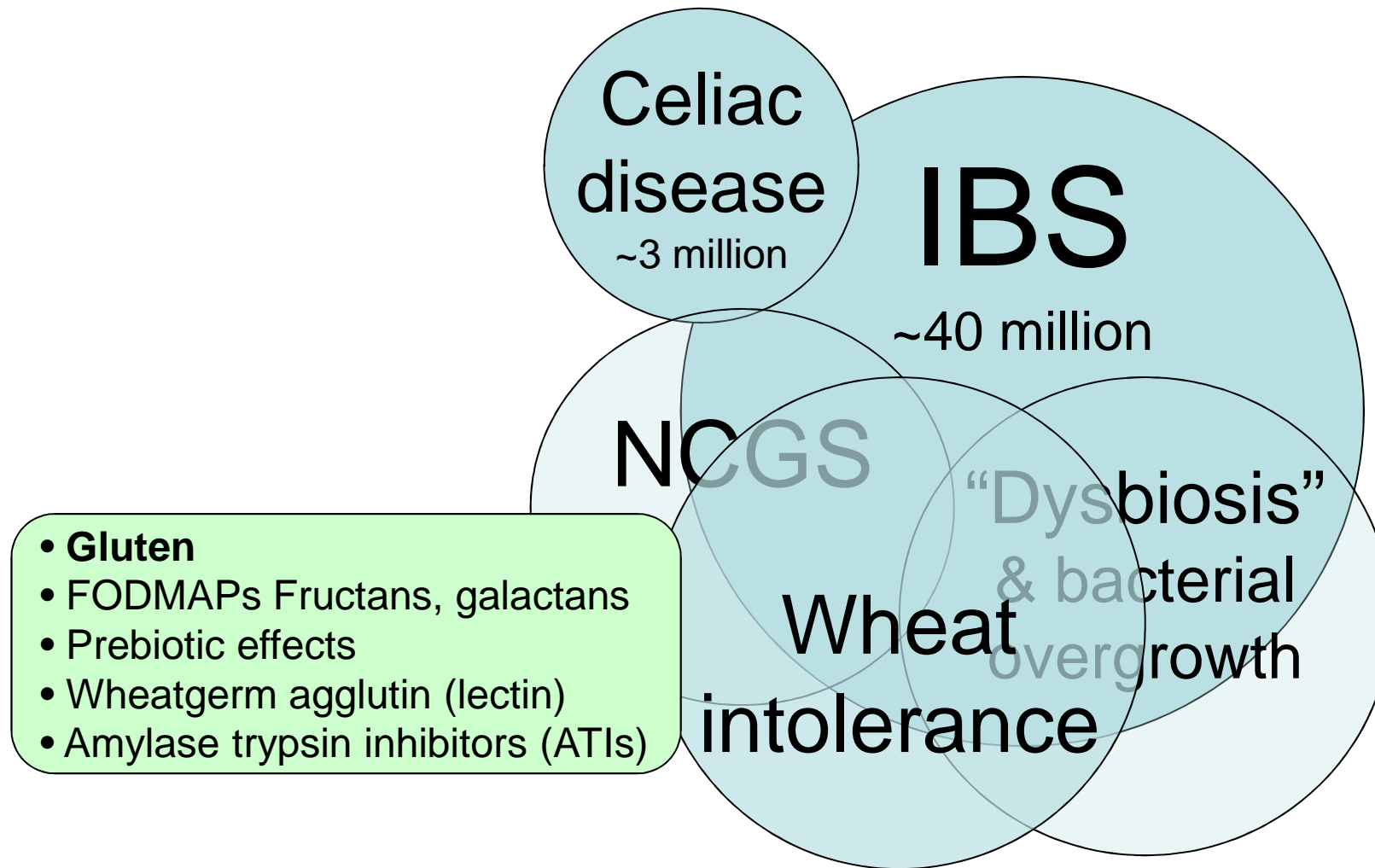
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IBS & Gluten Sensitivity

The North American Experience



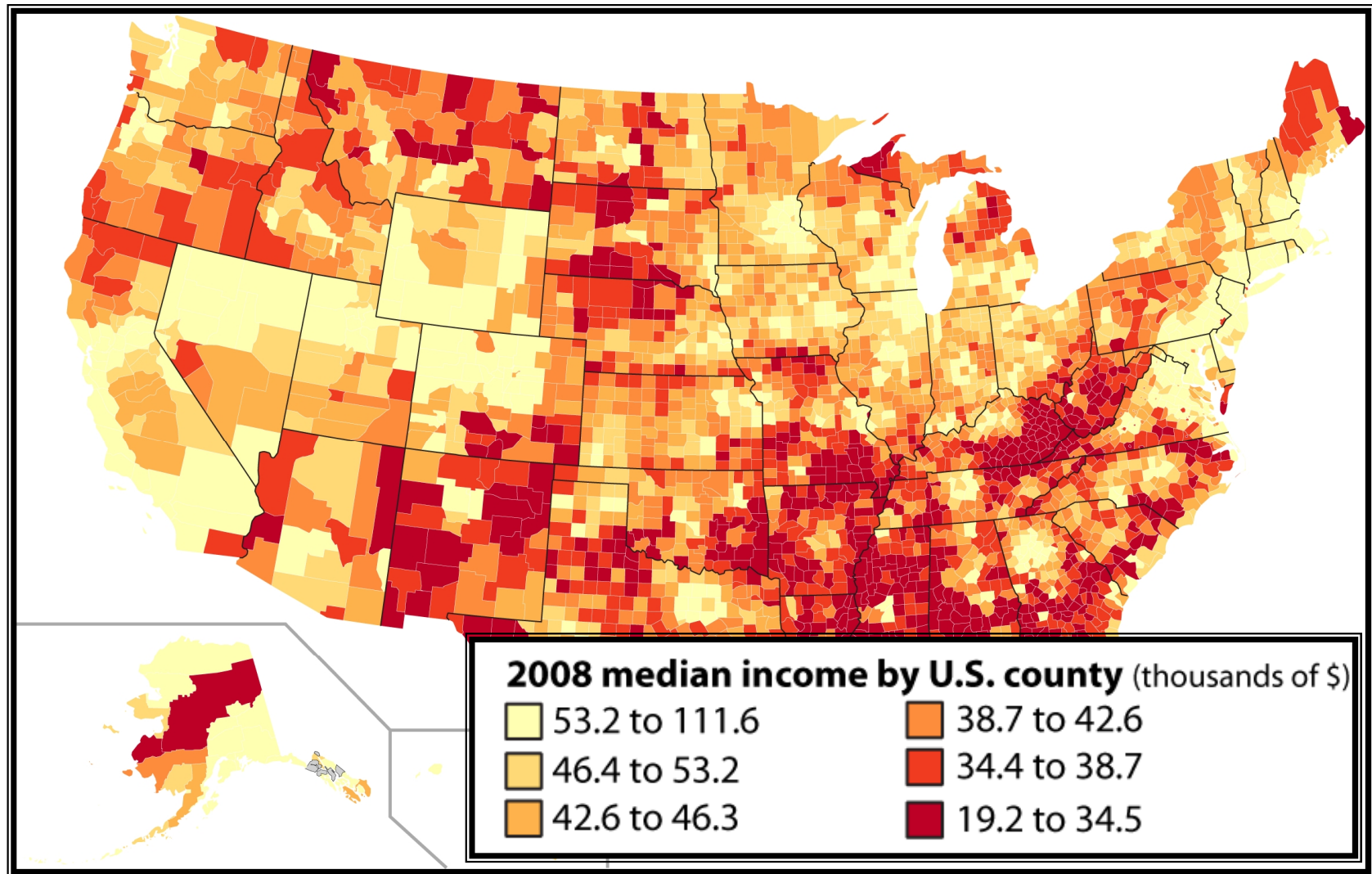
Gluten Sensitivity & IBS in North America

Patient Perspectives

Formerly	Currently
Little awareness	Far greater awareness
Little awareness	Openness to dietary approach to IBS symptoms
Few following GFD	GFD for NCGS more common than for celiac disease (in some areas)
GFD less accessible	More widely available

Patient access to GF foods varies

Darker = less available?



Gluten Sensitivity & IBS in North America

Physician Perspectives

Formerly	Currently
Little awareness	More awareness - plus skepticism / confusion
Seldom saw a patient on GFD	More likely to encounter a patient on GFD for NCGS than for celiac disease
Seldom or never recommended trial of GFD for IBS	More likely to consider BUT not confident: No clear guidelines on: <ul style="list-style-type: none">• Diagnosis of NCGS• Place of GFD in IBS therapy

What do physicians want?

High quality
& reproducible
(research) data

Leading to clear:

- Disease definitions
- Diagnostic criteria / (bio)markers
- Practice guidelines on NCGS

“UpToDate”

Gluten sensitivity in Irritable bowel syndrome

Arnold Wald, MD
Author

Nicholas J Talley, MD, PhD
Section Editor

Shilpa Grover, MD, MPH
Deputy Editor

- **“*Gluten sensitivity* — Gluten sensitivity (without overt celiac disease) has been proposed as a cause of functional bowel disorders but there are ***few convincing studies that have evaluated such a relationship in terms of pathogenesis or treatment of IBS.***”**
- *It is also unclear if gluten sensitivity is itself a separate clinical entity.”*